

YEAR 10 - PSHE EDUCATION: LONG-TERM OVERVIEW — THEMATIC MODEL

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Health & wellbeing	Relationships	Living in the wider world	Health & wellbeing	Relationships	Living in the wider world
Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change.	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography.	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices.	Exploring influence The influence and impact of drugs, gangs, role models and the media.	Addressing extremism and radicalisation Communities, belonging and challenging extremism.	Work experience Preparation for and evaluation of work experience and readiness for work.