

## YEAR 9 - PSHE EDUCATION: LONG-TERM OVERVIEW — THEMATIC MODEL

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Health & wellbeing	Relationships	Living in the wider world	Health & wellbeing	Relationships	Living in the wider world
<b>Peer influence, substance use and gangs</b>  Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation.	<b>Respectful relationships</b>  Families and parenting, healthy relationships, conflict resolution, and relationship changes.	<b>Setting goals</b>  Learning strengths, career options and goal setting as part of the GCSE options process.	<b>Healthy lifestyle</b>  Diet, exercise, lifestyle balance and healthy choices, and first aid.	<b>Intimate relationships</b>  Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography.	<b>Employability skills</b>  Employability and online presence.