

YEAR 7-PSHE EDUCATION: LONG-TERM OVERVIEW — THEMATIC MODEL

| Autumn 1  | Autumn 2   | Spring 1   | Spring 2  | Summer 1  | Summer 2  |
|---|--|--|---|---|---|
| Health & wellbeing  | Relationships  | Living in the wider world  | Health & wellbeing  | Relationships   | Living in the wider world   |
| <p><b>Transition and safety</b></p> <p>Transition to secondary school and personal safety in and outside school, including first aid.</p> | <p><b>Developing skills and aspirations</b></p> <p>Careers, teamwork and enterprise skills, and raising aspirations.</p> | <p><b>Diversity</b></p> <p>Diversity, prejudice, and bullying.</p> | <p><b>Health and puberty</b></p> <p>Healthy routines, influences on health, puberty, unwanted contact, and FGM.</p> | <p><b>Building relationships</b></p> <p>Self-worth, romance and friendships (including online) and relationship boundaries.</p> | <p><b>Financial decision making</b></p> <p>Saving, borrowing, budgeting and making financial choices.</p> |