

## YEAR 6-PSHE EDUCATION: LONG-TERM OVERVIEW — THEMATIC MODEL

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Health & wellbeing	Relationships	Living in the wider world	Health & wellbeing	Relationships	Living in the wider world
<b>Physical health and Mental wellbeing</b> What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online  <b>Keeping safe</b> <b>Keeping personal information safe;</b> regulations and choices; drug use and the law; drug use and the media	<b>Safe relationships</b> Recognising and managing pressure; consent in different situations  <b>Respecting ourselves and others</b> Expressing opinions and respecting other points of view, including discussing topical issues	<b>Belonging to a community</b> Valuing diversity; challenging discrimination and stereotypes  <b>Media literacy and Digital resilience</b> Evaluating media sources; sharing things online	<b>Growing and changing</b> Human reproduction and birth; increasing independence; managing transitions	<b>Families and friendships</b> Attraction to others; romantic relationships; civil partnership and marriage	<b>Money and Work</b> Influences and attitudes to money; money and financial risks

