



# The Iffley Academy School Lunch Menu Term 3

## 25th April - 27th May 2022

**Df - Dairy Free**

**Gf - Gluten free - (A gluten free alternative can provided on all other days if needed)**

### Week One - Week Commencing 25th April & 16th May

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Macaroni Cheese	Oriental Pork (Df)	Roast Chicken Gravy (Gf, Df)	Beef Chilli (Gf, Df)	Pork Sausages (Gf)
Vegetarian		Oriental Quorn (Df)	Herb & Garlic Baked Quorn (Gf Df Vegan)	Quorn Chilli (Gf)	Vegetable Sausages
Served With	Garlic Bread Sweetcorn (Gf, Df, Vegan)	Noodles (Df, Vegan) Chinese Vegetables (Gf, Df, Vegan)	Roast Potatoes Carrot & Peas (Gf, Df, Vegan)	Rice (Gf, Df, Vegan) Nachos (Df, Vegan)	Chips Baked Beans (Df, Gf, Vegan)
Pudding	Chocolate Sponge & Chocolate Sauce	Fruit Jelly (Gf, Df, Vegan)	Chocolate Brownie (Df)	Rock Cakes	Flapjack (Gf, Df, Vegan)

### Week Two - Week Commencing 2nd May & 23rd May

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Lamb Bolognese (Gf, Df)	Jamaican Jerk Chicken (Gf, Df)	Roast Pork (Gf, Df)	Chicken with cream & sweetcorn Sauce (Gf)	Ham & Mushroom Pizza
Vegetarian	Vegetable Bolognese (Gf, Df, Vegan)	Jamaican Jerk Quorn (Df, Vegan)	Quorn Sausages	Spicy Bean Cake (Gf)	Cheese & Tomato Pizza
Served With	Spaghetti (Df, Vegan) Peas (Df, Vegan)	Rice & Black beans (Df, Vegan) Sweetcorn (Gf, Df, Vegan)	Roast Potatoes & Gravy Carrots & Peas (All Gf, Df, Vegan)	New Potatoes Peas (All Gf, Df, Vegan)	Chips Baked Beans (Gf, Df, Vegan)
Pudding	Apple Sponge & Custard	Berry Cheesecake	Chocolate Chip Sponge	Gingerbread Biscuits	Cornflake Cake

### Week Three Menu - Week Commencing 9th May

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Curry (Gf)	Spicy Cheese & Pepperoni Wrap	Roast Chicken (Gf)	Beef with creamy tomato sauce (Gf)	Battered Cod
Vegetarian	Lentil & Vegetable Curry (Gf)	Spicy 3 Cheese Wrap	Quorn & Vegetable Hot Pot	Vegetables in Creamy Tomato sauce (Gf)	Halloumi & Vegetable balls
Served With	Rice (Gf, Df, Vegan) Onion Bhajis (Df, Vegan)	Saute Potatoes Baked Beans (All Gf, Df, Vegan)	Roast Potatoes Mixed Vegetables & Gravy (All Gf, Df, Vegan)	Pasta (Df, Vegan) Sweetcorn (Gf, Df, Vegan)	Chips Peas (Gf, Df, Vegan)
Pudding	Jam sponge & Custard	Eton Mess (Gf)	Fruit Salad	Carrot & Banana Cake	Red Velvet Cookies

There is a daily alternative of:  
Jacket Potato topped with either beans, cheese or tuna. Baguette/Sandwich filled with either cheese, ham or tuna.

We endeavour to cater for allergies and dietary requirements. Each lunch costs £2.60 and includes a pudding. If you think you are entitled to Free School Meals or require any more information please contact Reception on 01865 747606. Our menus may be subject to change.