

The Iffley Academy School Lunch Menu

8th January - 29th March 2024

Df - Dairy Free Gf - Gluten free V - Vegan

Week One - Week Commencing - 8th January, 29th January, 26th February, 18th March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Macaroni Cheese	Chilli Beef Gf/Df	Roast Chicken Gf/Df	Pork Sausages ^{Df}	Beef Burger - Gf/Df Bun - Df
Vegetarian		Mixed Bean Chilli Gf/Df/V	Roast Quorn ^{V/Df}	Quorn Sausages _{Df/V}	Spicy Bean Burger Df/V Bun - Df
Served With	Garlic Bread Df/V Sweetcorn Df/V/Gf	Rice Gf/Df/V Nachos Df/V	Roast Potatoes Gravy Carrots & Peas Gf/Df/V	Mash Potato Gravy Carrots & Peas	Chips Cheese - Gf Corn on the cob Df/V/Gf
Pudding	Cranberry & Oat Shortbread - Df/V	Jelly Gf/Df/V	Gingerbread Biscuit ^{Df}	Chocolate Fudge Cake Cream - Gf	White Chocolate Chip Cookie

Week Two - Week Commencing - 15th January, 5th February, 4th March, 25th March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Vegetable Curry Gf	Pork sausages - <mark>Df</mark> yorkshire pudding	Roast Beef Gf/Df	Meatballs	Chicken goujons
Vegetarian		Vegetarian sausages Df/V/Gf yorkshire pudding	Roast Quorn Df/V	Quorn mince meatballs	Quorn goujons
Served With	Rice Sweetcorn _{Df/V/Gf}	Mashed potato gravy Green beans All - Df/V/Gf	Roast Potatoes Gravy Peas & Carrots All - Gf/Df/V	Sweetcorn Df/V/Gf Spaghetti Df/V	Chips Beans Gf/Df/V
Pudding	Jam & Coconut Cake Custard - Gf	Marble Sponge Cake	Mandarin Cheesecake	Treacle sponge Custard - <mark>G</mark> f	Millionaire shortbread

Week Three Menu - Week Commencing 22nd January, 19th February, 11th March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Vegan Sausage Pasta Gf/Df/V	Sweet & Sour Pork Df	Roast Chicken Gf/Df	Beef Stew - Gf/Df Dumplings - Df/V	Fish fingers
Vegetarian		Sweet & Sour Quorn	Roast Quorn _{Df/V}	Vegetable Stew Gf/Df/V Dumplings - Df/V	Fishless fingers
Served With	Garlic Bread - V/Df Sweetcorn - Gf/Df/V	Noodles - Df/V Carrots - Gf/Df/V	Roast Potatoes Stuffing Gf/Df/V Gravy Cauliflower/Sweetcorn Gf/Df/V	New Potatoes Peas Gf/Df/V	Chips Peas Gf/Df/V
Pudding	Banana Muffin	Milk Chocolate Cornflake Nest	Flapjack ^{Gf/Df/V}	Chocolate Sponge cake with sprinkles	Orange & Chocolate Chip Shortbread

Jacket Potato topped with either beans, cheese or tuna. Baguette/Sandwich filled with either cheese, ham or tuna.