

# Behaviour & Relationships Policy

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We are a community special academy for children and young people up to the age of 18 with complex special educational needs and disabilities. Students have Education, Health and Care Plans with a range of needs but primarily we work with students with Moderate Cognition and Learning Difficulties, Autistic Spectrum Disorder and/or Social, Emotional and Mental Health difficulties. All of our students are individuals, and we pride ourselves on taking a personalised approach.

At the heart of the lffley community is a commitment and belief in Restorative Approaches. Developing emotional understanding, building strong relationships, developing empathy for different perspectives and working with each other is core to everything we do. These strong foundations support students to understand themselves, to problem solve and feel grounded. Which in turn, supports and enables students to make the most of all learning opportunities and to flourish. We understand that students are able to give their best when their needs are met, when they feel safe and when they understand their relationships with others.

Behaviour is a form of communication. It is important we understand what the student is telling us through their behaviour. All behaviour has a functional element. Behaviours that challenge can be described as a communication of 'unmet need'. The Iffley Academy approaches behaviour management in a positive manner, establishing mutual respect and placing an emphasis on students taking responsibility for their behaviour and working restoratively to put things right. The rules by which the school operates are designed to ensure a safe and secure environment, respect for people and property, the efficient and smooth running of the school and high standards of behaviour and attendance.

Our aim is to create an environment in which students may work purposefully and where relationships between staff and students, between our staff community and between the students themselves are based on mutual respect and tolerance.

## The vision is that all students:

- irrespective of their special needs and diversity, are of equal value, and will be encouraged to develop to their full potential. All pupils are unique and will be respected for the contribution that they make to the academy, and in their future lives in their chosen communities
- will be provided with an educational provision in which the highest levels of teaching and learning are consistently delivered, and pupils are empowered to learn in a positive and creative environment
- will be taught by staff who strive to understand pupils' needs, who are well qualified, and have respect for their special needs and diversity
- will be taught in an exciting, safe and stimulating learning environment with teaching and learning based on a foundation of sound pedagogical practice, supplemented by a willingness to adopt responsive and flexible approaches and the most recent evidence-based research
- will be educated in a community which demonstrates a positive ethos and a culture of mutual respect



 will be supported by a specialist environment designed specifically to meet their Special Educational Needs and Disabilities (SEND)

## At The Iffley Academy we will be aspirational for all our learners and expect all learners to:

- a) achieve their best
- b) become confident individuals living fulfilling lives
- c) make a successful transition into adulthood

## We will be aspirational for all our families and expect them to:

- a) Work in partnership with the academy to make informed choices for their children by:
  - sharing important family information
  - encouraging students to attend school regularly
  - actively engaging with the school's timetable of events and communicating regularly and effectively with the staff team to ensure that the academy can respond appropriately to support the whole family
  - talking to academy staff about the challenges they face and action the support they need from the school or other agencies
- b) Support the academy staff in setting aspirational targets for their children in the following areas:
  - friendships, relationships, community, safety and transport e.g. 'I want my child to be able to go to the shops on their own and demonstrate good road safety skills'
  - education and learning for life e.g. 'I want my child to use their iPhone to tell the time and to follow directions to the bus stop, so that they catch the bus on time'
  - good health e.g. 'I want my child to understand how to develop successful strategies for coping with sensory overload'
  - social communication and interaction, speech and language, occupational therapy, physiotherapy and creative arts psychotherapy e.g. 'I want my child to understand when it is socially acceptable to contribute to a conversation'

Discipline within the school is based on making expectations clear to students, being fair and consistent, listening to each other and addressing any issues as they arise. All staff have a contribution to make in this area. Matters of attitude and behaviour are not somebody else's concern; they are everybody's business.

All students are expected to behave in a way which is respectful of other people and the school environment. Care, courtesy, and consideration are underpinning elements of the school ethos. There are a brief set of rules which are made known to students when they come to the school and to which they should comply. A consistent approach to establishing these rules should be adopted by all staff.

## Our main aims are to create:

- a safe and caring environment
- an effective teaching and learning environment
- a commitment by everyone to taking the time to listen to one another



- a reduction in bullying and other interpersonal conflicts
- an awareness of the importance of connectedness to young people
- the need to belong and feel valued by peers and significant adults
- an emphasis on responses to inappropriate behaviour that seek to reconnect, and not further disconnect, young people
- an absence of fixed term and permanent exclusions
- a confidence in the staff team to understand and address challenging situations
- a belief in the ability of young people to take responsibility for their choices, and more people giving them opportunities to do so
- recognition for all students for their positive contributions to the school
- encouragement of good behaviour and self respect in our students
- build on self resilience
- promotion of self discipline and self regulation among pupils whereby they are given opportunities to take responsibility for their own behaviour
- provide a consistent approach

Our Behaviour and Relationship Policy and Anti-Bullying Policy ensures consistency across school. Behaviour is carefully monitored and we will contact parents at an early stage if we feel a student's actions are outside the normal range of expected behaviours, or are a cause for concern. Working collaboratively with families is of utmost importance.

The school has an Equalities Policy, we will always challenge and record discriminatory attitudes, behaviour and language and we will actively promote acceptance of diversity. We strive at all times to be an inclusive school.

## We believe that:

- students who feel that they are undervalued and unable to achieve are more likely to express their feelings through inappropriate behaviour
- students who are given opportunities to succeed and have their achievements recognised and rewarded through praise tend to behave appropriately
- when students are treated inconsistently, they become confused and are often unable to distinguish between appropriate and inappropriate behaviour
- students who are treated in a consistently positive way are more likely to behave in a
  positive manner
- if the ethos of the school is positive and there is a culture of mutual respect, this will lead to students behaving appropriately and achieving higher standards of learning

## **Restorative approaches**

The Iffley Academy was awarded the Restorative Services Quality Mark in September 2017 and became a Registered Restorative Organisation. This work is based the themes below:

- Theme 1: Everyone has a unique and individual perspective
- Theme 2: Thoughts influence feelings and feelings influence our behaviour
- Theme 3: Our behaviour can have a negative impact on others and cause harm; this harm needs to be repaired
- Theme 4: In the event of harm everyone involved will have needs which must be met to move on
- Theme 5: Those involved in conflict are the best placed to take responsibility and ownership for problem solving



All staff will be expected to positively promote the restorative approaches based on the above restorative principles; these encourage an environment, which promotes mutual respect, the development of good relationships and the need to take responsibility for one's own behaviour. Outcomes are decided by following the processes set out below:

- Restorative Approaches are inspired by the philosophy and practices of Restorative Justice, which puts repairing harm done to relationships and people over and above the need for assigning blame and dispensing punishment.
- Key values create an ethos of respect, inclusion, accountability and taking responsibility, commitment to relationships, impartiality, being non-judgmental, collaboration, empowerment and emotional articulacy.
- Key skills include active learning, facilitating dialogue and problem-solving, listening to and expressing emotion and empowering others to take ownership of problems.

Restorative processes and practices include interventions when harm has happened, such as:

- restorative enquiry
- mediation
- community conferencing

There are also processes and practices that we use to help to prevent harm and conflict occurring and which build a sense of belonging, safety and social responsibility. These include:

- circle time
- restorative pedagogy: teachers modelling the values and skills and creating opportunities for their development amongst the students whatever the subject being taught

## **Restorative Enquiry**

This is the starting point for all restorative processes involving active non-judgemental listening. The process can be used with one person to help them reflect on a situation and find ways forward for themselves. It is also useful before and during face-to-face meetings.

#### Restorative discussion

This is used in a challenging situation, often between a more and less powerful person. Skills include expressing and listening for feelings and needs and understanding why each person has acted the way they have.

#### Mediation

This is useful when both X and Y believe the other person is the cause of the problem. The mediator remains impartial and helps both sides to consider the problem as a shared one that needs a joint solution.

#### Victim/Wrongdoer mediation

This is useful when someone acknowledges they have caused harm to another person and both sides agree to see how the matter can be put right, with the help of an impartial mediator.



#### **Restorative conference**

This involves those who have acknowledged causing harm meeting with those they have harmed; seeking to understand each other's perspective and coming to a mutual agreement which will repair the harm as much as possible. Often all sides bring supporters, who have usually been affected, and have something to say from a personal perspective.

#### Phase 1

All staff in this phase promote restorative practice through the school and are responsible for supporting behaviour through restorative language, using restorative displays, visual prompts, monitoring behaviour through Iffley online IRIS system, considering antecedents and behaviour as a communication and engaging in positive behaviour for learning through lesson plenaries. These staff ensure a strong sense of community and social and emotional literacy across our school. These staff include all support staff, teachers, admin staff and site managers etc.

These staff members have been informed about restorative practice during an induction procedure, through assemblies on restorative justice and through opportunities of all staff training.

#### Phase 2

The staff in phase 2 include: teachers, therapeutic support workers and pastoral support workers. These staff engage in resolving conflict and are able to run mend it meetings (MIM'S) which are restorative conversations between people in conflict. This can be between students, staff and students and staff. These staff can offer conflict resolution and typically support behaviour which staff in phase 1 do not have the capacity to support. Further Mend it meeting training is offered through the appraisal system.

#### Phase 3

These staff offer formal restorative meetings for serious issues. They include staff such as the Head Teacher, members of the leadership team and The Student Wellbeing and Therapeutic Support Manager. They support challenging conflict resolution between students, staff and parents.

These staff are experienced restorative practitioners and have completed extensive training with Transforming Conflict over a number of years. They may have contributed to training materials for Transforming Conflict, presented at conferences talking about restorative practice within a SEN setting.

#### Social and Emotional Learning

There are also processes and practices that we use to help to prevent harm and conflict occurring and which build a sense of belonging, safety and social responsibility. We aim to deliver a whole school approach to Social and Emotional Learning strategies that is embedded in class and across the school community:

- 'check in' students are encouraged to check in during the school day
- peer mentoring
- emotion charts/boards
- social stories and roleplay
- class based roles and responsibilities
- school council

- paired and group work
- restorative approaches to conflict management
- opportunities for every student to experience off site learning
- celebration assemblies

## Dogs as Therapy and Small Animal Therapy (Packham House)

Opportunities are given to students to engage in Dogs as Therapy. The therapy dogs have supported students' reading skills, support behaviour, attendance and academic confidence, as well as increasing student understanding of responsibility and developing empathy and nurturing skills.

Packham House houses our smaller furry residents such as a rabbit, rats and guinea pigs. The students learn to care and nurture these animals. They have the responsibility of caring for their all round needs.

## Therapeutic Care Team

We employ a Therapeutic Care Team (TCT) who are central to supporting the whole school community by contributing towards a safe learning environment, making provision for students who are out of class, responding to challenging behaviour and running interventions which promote mutual respect, protective behaviours and a wide range of other social skills.

The Headteacher is the strategic lead for the TCT with the day to day running of the team managed by the Student Wellbeing and Therapeutic Support Manager. Within the team there are two roles: Pastoral Support Workers and Therapeutic Support Workers. Referrals can be made by staff and all are considered at termly referral meetings. High level referrals can be considered and actioned immediately by either the Student Wellbeing and Therapeutic Support Manager, or the Headteacher

The Student Wellbeing and Therapeutic Support Manager and the Therapeutic Support Workers are supported in their understanding of challenging behaviour through completing the Foundation Degree in Therapeutic Care for Children and Young People. This is accredited by the University of West of England and delivered by The Mulberry Bush School. Whole staff training in this area is also sourced through the Mulberry Bush School on behaviour as communication and through The Restorative Lab.

## Strategies for reinforcing positive behaviour in the classroom

Work is suitably prepared, including differentiated work and extension tasks for those students who need it. All classrooms are set out appropriately, and all teaching materials and equipment are ready for use.

At the beginning of each academic year the class teacher, support staff and students should draw up a list of 'behaviours we like to see': these should form the basis of each class's Code of Conduct. These guidelines should be referred to regularly, both to prompt good behaviour and praise positives, including:

 building on relationships, getting to know each student well, relationships built on trust and respect is one of the most effective preventative measures



- verbal praise should be given constantly to students who are presenting the correct attitude and effort to work towards their lesson objective and appropriate social interactions
- regular, formative marking of work
- achievable targets, differentiated work
- making good use of the plenary, group discussion time (e.g resolving incidents).
- consistent teacher/pupil/parent relationships, contacting home when there are positive messages to give
- teachers and support staff supporting each other and working as an effective team.
- in and around the school
- clear/agreed procedures which operate before school starts, at break times and lunchtimes and at the end of the day
- shared responsibility for the well being of all students in the school from the full staff team with positives reinforced by all and inappropriate behaviours addressed
- · presentation and celebration of social and academic successes in assemblies
- recognition assembly every Friday
- open evening for parents, end of term prize giving assembly with Parents/Carers when Governors and members of the local community are invited.

### Lunchtimes

We expect:

- students to approach the hall and wait in line quietly
- · students to enter the hall and take their seats sensibly
- all meals to be consumed at the table and with good table manners using family service
- students to behave in a respectful way to one another and the staff on duty
- a member of staff to sit with each table to support family service and lunch time procedures

Expectations for behaviour at lunch time should be always high. Students who present challenging behaviour at lunchtime will be supported appropriately to better understand social interaction during free association. Staff will be expected to interact with students during free association and positive play and interactions should be always modelled.

## General Expectations for behaviour in school

- students will come to school on time, in school uniform and with a positive attitude to work
- only jewellery which the student council has approved which is written into our school policy can be worn. Students will be asked to remove unsuitable jewellery
- students to think about how their language and behaviour always affects others in school
- when students enter or leave school, this will be done in a quiet and orderly fashion
- · students will walk around the school showing consideration for others
- before school starts, and at break-times, students are expected to be in the playground or on the field. In case of wet weather, they will be offered a wet break activity
- students are permitted to bring their mobile phones into school or any small electronic device that may help them with their journey to and from school, but they should be securely locked away within the classroom. The school will not take any responsibility for any device that has not been handed in or locked away
- snacks may be eaten in the classroom only in wet weather



- the students take pride in their school, and to respect the whole school including the grounds. The buildings and grounds should be treated with respect
- rough or potentially dangerous play will not be permitted

## Strategies for supporting students with challenging behaviour in the classroom

- · remind students of expected behaviour and rewards
- use restorative enquiry
- model the behaviour you expect
- describe the effects of the behaviour rather than the behaviour itself
- · positively recognise and praise those who are behaving appropriately
- use choice and consequence
- use support staff to support the student 1:1
- give plenty of 'take-up' time
- move the student within classroom or use of the breakaway room
- reflection space within classroom (the student should have a clear understanding of this)
- using the walkie talkie system, to enlist support or the student
- removal for a short period for reflective time and restorative intervention
- removal to the reflection room, as appropriate
- use the Team Teach tool box as de escalation tools

## Meeting the individual needs of students with challenging behavioural needs

Students with Positive Handling Plans (PHP) and Risk Assessments (RA) have specific adult-led strategies identified on them and these should be referred to by all staff working with these students. A copy of all current paperwork can be found in the Staff Area in the Academic Year file.

It is the responsibility of all staff to ensure that they read the current paperwork for each student. Staff teams should be actively engaged in monitoring and making amendments to PHP and RA where required.

It may be that risky behaviours are identified but a PHP or RA is not required. In this case a Positive Response Plan (PRP) should be actioned. An example of this could be for a child who does not need restrictive physical interventions; does not display challenging behaviour, but is unable to remain safe due to a lack of understanding of risk.

## Restrictive Physical Intervention (RPI) - (see Positive Handling Policy)

There may be extreme and rare occasions when Restrictive Physical Interventions (RPI's) may be required to keep students and staff safe. This is always a last resort and is only used if the safety of the pupil, their peers or staff is being compromised.

## Out of Classroom

If situations within the classroom are not resolved by the procedures outlined above, it may be necessary to refer the student to a member of the Therapeutic Care Team or Senior Leadership Team (SLT). At an agreed time, the student should return to their own classroom. It is important that students understand how others have been affected by their behaviour and are clear about the behaviour that will be expected when they re-enter the classroom. The students will be supported by a member of the Therapeutic Care Team if



needed. If the student is in conflict with a member of staff in the class, the member of staff can be covered by the team so that they, the person involved, can work with the student to find a way forward.

Racial harassment of any kind will not be tolerated at The Iffley Academy and any incident of this nature will result in a senior leader being informed immediately. It may then be necessary to inform parents.

TCT support is available throughout the school day (through TSWs and PSWs) to support both students and adults with behaviour management, medication and emotional support. Some PSWs are class based and work alongside teaching staff and teaching assistants to ensure students have the best support and opportunities to succeed in the class setting. Other members of the pastoral support team are on call to support both proactively and reactively to the day to day needs of the school.

These staff are experienced practitioners with students with Social Emotional and Mental Health difficulties (SEMH) and Autistic Spectrum Disorder (ASD) and are Team Teach trained. They can use de-escalation techniques and restrictive physical interventions as necessary.

## Staff Responsibilities

Within the classroom the teacher has responsibility for the behaviour management of the class. The teacher should refer to the class Code of Conduct, which was drawn up by the whole class.

All teachers have a responsibility to address challenging behaviour if this comes to their attention at any time and in any place. In serious cases of challenging behaviour or where serious harm has been done, referral should be made immediately to a member of the TCT or the Senior Leadership Team.

## **Behaviour Monitoring**

The school keeps detailed records of behaviour which are logged on a database throughout the week. We monitor and record a wide range of behaviours that inform us about our students and their specific SEND. These include sensory strategies used within the classroom, use of the therapy dogs and concerns such as low-level self-harm.

This data informs our practice and how we deploy staff to support our students. This information is also used to share behavioural concerns with other professionals and to track positive and negative trends of behaviour.

The behaviour data should be uploaded by the member of staff that observes the behaviour. Staff will be required to record: the antecedent; the behaviour; the resolution and any specific 1:1 intervention that follows the behaviour. This process informs our practice, allows us to reflect on behaviour and reflect on how we as professionals have resolved issues within our school.

Serious behaviours will alert the Headteacher and The Therapeutic and Student Wellbeing Manager immediately, to ensure prompt action and support is implemented.