

# Lunch Menu

## Week 1



W/C 13/04, 04/05, 25/05, 15/06, 06/07, 27/07, 17/08, 07/09, 28/09, 19/10

### MONDAY

**Mexican Chicken Wraps**  
Chicken & Rice



### TUESDAY

**Margherita Pizza**  
Freshly Made Deep Pan Pizza

### WEDNESDAY

**Roast Chicken**  
Roasted Marinated  
Chicken Thigh



### THURSDAY

**Swedish Meatballs**  
Chicken & Vegetable Meatballs

### FRIDAY

**Fish Fingers**  
Breaded Pollock Fish Fingers



**Vegetable Enchiladas**  
Cheesy baked wraps



**Pizza al Pesto**  
Freshly made deep pan Pizza

**Crispy Cheese & Lentil Bake**



**Vegan Swedish Meatballs**  
Homemade Veggie Meatballs



**Vegetable Fingers**  
Crispy Breaded  
Vegetable Fingers

Rice & Mixed Salad

Baked Potato Wedges &  
Coleslaw or Salad

Roasted Potatoes, Carrots &  
Sweetcorn

Creamy Mash & Green Beans

Chips & Baked Beans

< ----- Available Daily - Penne Pasta with Homemade Tomato Sauce ----- >



< ----- Available Daily - Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo ----- >



< ----- Available Daily - Freshly Baked Baguette with a choice of Cheese or Ham or Tuna Mayo ----- >

**Apple Sponge & Custard**



**Jelly & Fruit Slices**



**Carrot & Cinnamon Cookies**



**Fruit Salad**



**Chocolate & Vanilla Shortbread**



**SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**Icon Key**



# Lunch Menu

## Week 2



W/C 20/04, 11/05, 01/06, 22/06, 13/07, 03/08, 24/08, 14/09, 05/10

### MONDAY

Sweet & Sour Pork with Noodles



### TUESDAY

Margherita Pizza  
Freshly Made Deep Pan Pizza

### WEDNESDAY

Roast Chicken  
Roasted Marinated Chicken Thigh



### THURSDAY

Butter Chicken Curry  
Mild Creamy Chicken Curry.



### FRIDAY

Fish Fingers  
Breaded Pollock Fish Fingers



### Chow Mein Noodles



Veggie Delight Pizza  
Freshly Made Deep Pan Pizza

Shepherdless Pie  
Vegetable & Bean Pie



Tikka Eat Curious  
Mild & Creamy Vegan Curry



Cheese & Onion Quiche  
Fried Onion & Cheese Tart



SIDES

Green Cabbage

Baked Potato Wedges and Coleslaw or Salad

Garden Mash, Green Cabbage & Garden Peas

Wholegrain Rice & Broccoli

Chips & Baked Beans

SIDES

< ----- Available Daily - Penne Pasta with Homemade Tomato Sauce ----- >



< ----- Available Daily - Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo ----- >



< ----- Available Daily - Freshly Baked Baguette with a choice of Cheese or Ham or Tuna Mayo ----- >

Vanilla Sprinkle Sponge



Watermelon Sticks



Chocolate Crispy Cake



Fruit Bowls



Apple Flapjack



**SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**Icon Key**



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

# Lunch Menu

## Week 3



W/C 27/04, 18/05, 08/06, 29/06, 20/07, 10/08, 31/08, 21/09, 12/10

### MONDAY

**Brazilian Coconut Chicken**

Mild Creamy Coconut Curry



### TUESDAY

**Homemade Sausage Roll**  
Chicken, Sage & Onion Roll



### WEDNESDAY

**Roast Gammon**  
Roasted Gammon Joint



### THURSDAY

**Mac n Cheese**  
Really Cheesy Macaroni Pasta



### FRIDAY

**Fish Fingers**  
Breaded Pollock Fish Fingers (Salmon Or Pollock)



**Sweet Potato & Chickpea Balti**

Lightly Spiced Indian Classic



**Homemade Cheese & Tomato Turnover**

Puff Pastry Slice with Cheddar & Tomatoes

**Cauliflower Cheese Bake**



**Vegetable Chilli**  
Spiced Vegetable & Bean Chilli & Rice



**Pitta Pockets**  
Roasted Vegetables & Cheesy Pockets

Wholegrain Rice & Sweetcorn

Wedges & Baked Beans

Roasted Potatoes, Broccoli & Gravy

Green Beans

Chips & Baked Beans

< ----- Available Daily - Penne Pasta with Homemade Tomato Sauce ----- >



< ----- Available Daily - Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo ----- >



< ----- Available Daily - Freshly Baked Baguette with a choice of Cheese or Ham or Tuna Mayo ----- >

**Jammy Crumble Slice**



**Fruit Bowls**



**Vanilla Ice Cream Cup**

**Jelly & Fruit Slices**



**Rainbow Shortbreads**



**SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

**Icon Key**

