

Bardwell School

PSHE/**RSE** yearly rolling programme

	EYFS KS1	KS2	KS3	KS4
Autumn 1	Self Awareness <i>Focus:</i> Things we are good at People who are special to us Getting on with others	Self Awareness <i>Focus:</i> Kind and unkind behaviours Playing and working together	Self Care, Support and Safety <i>Focus:</i> Feeling unwell/worried Public and private Keeping safe online	Self Care, Support and Safety <i>Focus:</i> Keeping safe online Accident and risk/emergency situations Gambling
Autumn 2	Self Care, Support and Safety <i>Focus:</i> Taking care of ourselves Trust Keeping safe	Self Care, Support and Safety <i>Focus:</i> Keeping safe online Public and private	Self Awareness <i>Focus:</i> Personal strengths Skills for learning	Self Awareness <i>Focus:</i> Prejudice and discrimination Managing pressure
Spring 1	Managing Feelings <i>Focus:</i> Identifying and expressing feelings	Managing Feelings <i>Focus:</i> Managing strong feelings	The World I Live In <i>Focus:</i> Diversity/rights and responsibilities Managing online information Taking care of the environment	The World I Live In <i>Focus:</i> Managing online information Preparing for adulthood Managing finances

Reference: **PSHE EDUCATION** PLANNING FRAMEWORK FOR PUPILS WITH SEND

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Spring 2	The World I Live In <i>Focus:</i> Taking care of the environment Jobs people do	The World I Live In <i>Focus:</i> Respecting differences in people Rules and laws Belonging to a community Keeping safe online	Managing Feelings <i>Focus:</i> Strong feelings Self esteem	Managing Feelings <i>Focus</i> Romantic feelings and sexual attraction Self esteem Keeping safe online
Summer 1	Healthy Lifestyles <i>Focus:</i> Healthy Eating Taking care of physical health Keeping well	Healthy Lifestyles <i>Focus:</i> Healthy Eating Taking care of physical health Keeping well Keeping safe online	Changing and Growing <i>Focus:</i> Puberty Friendship Healthy and unhealthy relationship behaviour	Changing and Growing <i>Focus:</i> Intimate relationships, consent and contraception Long term relationships/parenthood
Summer 2	Changing and Growing <i>Focus:</i> Baby to adult Dealing with touch	Changing and Growing <i>Focus:</i> Changes at puberty Different types of relationships	Healthy Lifestyles <i>Focus:</i> Mental well-being Healthy eating Elements of a healthy lifestyle Physical activity	Healthy Lifestyles <i>Focus:</i> Drugs, alcohol and tobacco (county lines) Medicinal drugs Body image and keeping safe online

[RSE Policy](#)

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