

Lunch Menu

Week 1



W/C 13/04, 04/05, 25/05, 15/06, 06/07, 27/07, 17/08, 07/09, 28/09, 19/10

MONDAY

Mexican Chicken Wraps
Chicken & Rice



TUESDAY

Margherita Pizza
Freshly Made Deep Pan Pizza

WEDNESDAY

Roast Chicken
Roasted Marinated
Chicken Thigh



THURSDAY

Swedish Meatballs
Chicken & Vegetable Meatballs

FRIDAY

Fish Fingers
Breaded Pollock Fish Fingers



Vegetable Enchiladas
Cheesy baked wraps



Pizza al Pesto
Freshly made deep pan Pizza

**Crispy Cheese & Lentil
Bake**



Vegan Swedish Meatballs
Homemade Veggie Meatballs



Vegetable Fingers
Crispy Breaded
Vegetable Fingers

Rice & Mixed Salad

Baked Potato Wedges &
Coleslaw or Salad

Roasted Potatoes, Carrots &
Sweetcorn

Creamy Mash & Green Beans

Chips & Baked Beans

**Homemade Tomato
Sauce**



Jacket Potato with a choice
of Cheese or Baked Beans or
Tuna Mayo



**Homemade Tomato
Sauce**



Jacket Potato with a choice
of Cheese or Baked Beans or
Tuna Mayo



**Homemade Tomato
Sauce**



< ----- Available Daily - Freshly Baked Baguette with a choice of Cheese or Ham or Tuna Mayo ----- >

Apple Sponge & Custard



Jelly & Fruit Slices



**Carrot & Cinnamon
Cookies**



Fruit Salad

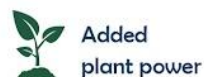


**Chocolate & Vanilla
Shortbread**



SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY

**Icon
Key**



Lunch Menu

Week 2

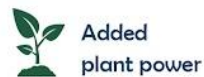


W/C 20/04, 11/05, 01/06, 22/06, 13/07, 03/08, 24/08, 14/09, 05/10

	MONDAY Sweet & Sour Pork with Noodles	TUESDAY Margherita Pizza Freshly Made Deep Pan Pizza	WEDNESDAY Roast Chicken Roasted Marinated Chicken Thigh	THURSDAY Butter Chicken Curry Mild Creamy Chicken Curry.	FRIDAY Fish Fingers Breaded Pollock Fish Fingers
	Chow Mein Noodles	Veggie Delight Pizza Freshly Made Deep Pan Pizza	Shepherdless Pie Vegetable & Bean Pie	Tikka Eat Curious Mild & Creamy Vegan Curry	Cheese & Onion Quiche Fried Onion & Cheese Tart
SIDES	Green Cabbage	Baked Potato Wedges and Coleslaw or Salad	Garden Mash, Green Cabbage & Garden Peas	Wholegrain Rice & Broccoli	Chips & Baked Beans SIDES
PENNE PASTA WITH	Homemade Tomato Sauce 	Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo	Homemade Tomato Sauce 	Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo	Homemade Tomato Sauce PENNE PASTA WITH
< ----- Available Daily - Freshly Baked Baguette with a choice of Cheese or Ham or Tuna Mayo ----- >					
	Vanilla Sprinkle Sponge 	Watermelon Sticks 	Chocolate Crispy Cake 	Fruit Bowls 	Apple Flapjack

SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Lunch Menu

Week 3



W/C 27/04, 18/05, 08/06, 29/06, 20/07, 10/08, 31/08, 21/09, 12/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Brazilian Coconut Chicken Mild Creamy Coconut Curry 	Homemade Sausage Chicken, Sage & Onion Roll 	Roast Gammon Roasted Gammon Joint 	Mac n Cheese Really Cheesy Macaroni Pasta 	Fish Fingers Breaded Pollock Fish Fingers (Salmon Or Pollock)
SIDES	Sweet Potato & Chickpea Balti Lightly Spiced Indian Classic 	Homemade Cheese & Tomato Turnover Puff Pastry Slice with Cheddar & Tomatoes 	Cauliflower Cheese Bake 	Vegetable Chilli Spiced Vegetable & Bean Chilli & Rice 	Pitta Pockets Roasted Vegetables & Cheesy Pockets
SIDES	Wholegrain Rice & Sweetcorn	Wedges & Baked Beans	Roasted Potatoes, Broccoli & Gravy	Green Beans	Chips & Baked Beans
PENNE PASTA WITH	Homemade Tomato Sauce 	Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo 	Homemade Tomato Sauce 	Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo 	Homemade Tomato Sauce
	< ----- Available Daily - Freshly Baked Baguette with a choice of Cheese or Ham or Tuna Mayo ----- >				
	Jammy Crumble Slice 	Fruit Bowls 	Vanilla Ice Cream Cup	Jelly & Fruit Slices 	Rainbow Shortbreads

SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY

- Icon Key**
- Added plant power
 - Wholemeal
 - Vegan
 - Vegetarian
 - Oily fish
 - Full of fruit
 - Nutritionist's Choice
 - Extra Protein Power
 - Good for your gut

